The following items were APPROVED at the October 20th Executive Committee meeting:

**SPORTS**

- **Wrestling** - Procedures for seeding the NYSPHSAA championship.
- **Girls Basketball** - A waiver of the requirement of the home team to wear a light colored uniform. A waiver of the requirement for officials to request a physicians note when an athlete wears a “sleeve” on the arms or legs.
- **Cross Country** - Waiver of the Jewelry Rule to allow wrist watches worn on the wrist. Follows NFHS rule.

**MODIFIED ATHLETICS**

- **Volleyball** - Permission to use the Libero player and waiver of the uniform requirement.
- **Wrestling** - Reduce the time between bouts to 45 minutes. If a wrestler competes in 2 or 3 bouts the time period of the bouts may be either: 3 one minute periods or Program II which is Period 1 (1 minute) and Periods 2 & 3 (1 1/2 minutes).
- **Boys Track & Field** - Pilot experiment to raise the hurdle in the 55m from 30” to 33”.

**HANDBOOK COMMITTEE**

- **Thunder and Lightning** - Approval to remove the word “approximately” from the policy.
- **Senior All Star Contests** – Approval to remove the last paragraph, “A student who participates in any unapproved all-star contest shall be ineligible to compete in interschool athletics in all sports for a period of one year from the date of such participation.”
- **Practice**—Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation as long as the athletes/teams do not scrimmage before the required number of practices have been completed.

**SPORTSMANSHIP**

The Good Sports Program will now be called the Sportsmanship Promotion Program.

**DISCUSSION & ITEMS for FUTURE CONSIDERATION**

**FISCAL CONCERNS** - An Ad Hoc Committee will be formed to consider a moratorium on any changes that would have a fiscal impact on schools, leagues, sections and the NYSPHSAA. A report will be presented at the January Executive Committee meeting.

**SCRAMMAGE** - Redefining a scrimmage to be a practice competition.

**SAFETY** - The use of helmets in girls lacrosse and the establishment of a Heat Index Policy.

**MODIFIED** - Establishing a “mercy rule” in baseball/softball with Section/League approval when a team is ahead by 15 runs after 4 1/2 innings.

**REMINDEERS**

- **NYSPHSAA HALL of Fame**
  - Applications due by December 15th

- **NYSPHSAA**
  - Scholar Athlete Team Award
  - Deadline—December 5th Friday

**RECORDS SUBMISSION**

Forms are available online

**COACHING CLINICS**

- January 16 - Softball @ Field of Dreams Utica
- January 30 - Lacrosse @ SUNY Cortland
- February 27 - Baseball @ Hall of Fame
- March 6 - Field Hockey @ Field of Dreams Utica
- March 27 & 28 - Cross Country & Track & Field Syracuse Holiday Inn at Carrier Circle